

## Sunday Snapshot - Week of 2/4 [GM Age Group Aquatics](#)

Hello Age Group Families!

We are in the home stretch of the season. Please read all of this information carefully!

### **Diving:**

Congratulations to all of our divers as Championships were held today!

### **Dual Meet - Saturday, February 10th - Governor Mifflin @ Owen J Roberts**

Seating for spectators is in the gym. There is VERY limited seating in the upper pool area. Spectators typically watch each race through the gallery glass windows. **PLEASE** bring chairs for this meet.

Timers are needed for this meet. OJR is a 6 lane pool so we are required to provide 6 timers. Please sign up via the following link:

[Timers - Mifflin vs. OJR](#)

Please complete the following [Meet Declaration Form for the Mifflin vs. OJR dual meet](#) no later than noon on 2/8/24.

[Meet Declaration Form - Mifflin vs. OJR Dual Meet](#)

### **Invitational Opportunity - Muhlenberg Relays - Sunday, February 18th @ Muhlenberg**

Please complete this form no later than noon on 2/10/24.

[Meet Declaration Form - Muhlenberg Relays](#)

### **Championship Meets - Saturday, February 17th at OJR and/or Saturday, February 24th at Wilson**

Championships is a time qualifying event that will be held at Wilson on Saturday, February 24th. Each athlete must meet the time standard in an event to be eligible to swim in the meet at Wilson. The final chance to make a qualification time for Championships on the 24th is at the dual meet this Saturday at OJR.

Silver Champs is for all swimmers who did not make a Championship cut time AND for swimmers who did not qualify for 4 events at Championships. Swimmers in this situation can split events between Silvers and Champs.

Swimmers may swim up to 4 events at Championships including individual events and relays. A swimmer from the Silver meet may be asked to attend this event as a relay-only swimmer if needed for the team.

All events for the Silvers Champs and Championships are picked by the coaches. Coaches will select events where they feel the swimmer will do the best individually, but more importantly help most for the team.

The qualification times for Championships were sent out via Remind on Saturday, January 20th by Coach Courtney. This information will be sent out again early this week. If you would like to review the information prior to an additional communication, please check the Remind thread from Coach Courtney.

At this time, the coaches are asking parents to refrain from reaching out as to whether their athlete has qualified for Championships. They will be compiling fastest time files **AFTER** the dual meet on Saturday, February 10th. If you are unsure of your athlete's times in events, please search the meets through the Meet Mobile app.

Coaches will send out an email sometime following the OJR dual meet indicating what meet or meets your swimmer has qualified to attend. In the interim, **ALL** Swimmers must complete this form no later than 2/10/24.

[Silvers and Championships Meet Declaration Form](#)

**Pre-Order T-Shirt Sale - Championships on February 24th at Wilson:**

*The following information is from Schuylkill Valley, the "host team" for Championships this year:*

The google form is for athletes to pre-order t-shirts and sweatshirts for Championships. Please note that sweatshirts are only available for preorder. There will be limited amounts of other items available for purchase the day of Championships at Wilson.

**All orders are due by 5:00 PM on Wednesday, February 7th!**

[Championships shirts and sweatshirts - Preorder](#)

### **Practice Schedule: Swimming**

#### Monday, February 5th

8&U - 7:00-8:15

9&10 - Off

11&12 - 7:45-9:15

13&14 - Off

#### Tuesday, February 6th

8&U and 9&10 - Off

Combined practice 11&12 and 13&14: 7:30-9:00

#### Wednesday, February 7th

8&U - 5:30-6:30

9&10 - 6:30-7:45

11&12 - 7:30-9:00

13&14 - 7:30-9:00

#### Thursday, February 8th

8&U - Off

9&10 - 7:00-8:15

11&12 - Off

13&14 - 7:45-9:15

#### Friday, February 9th

8&U - 5:30-6:30

9&10 - 6:30-7:45

11&12 - 7:30-9:00

13&14 - 7:30-9:00

### **I Have a Question...**

11&Up swimmers: Courtney Kerschner - [swimcoachcourtney1@gmail.com](mailto:swimcoachcourtney1@gmail.com)

10&Under swimmers: Abby Thiry - [Coachabbythiry@gmail.com](mailto:Coachabbythiry@gmail.com)

Diving: Adrienne Miller - [awolfe217@gmail.com](mailto:awolfe217@gmail.com)

USA Coach: Jen Caron - [Swimcoachjen11@gmail.com](mailto:Swimcoachjen11@gmail.com)

Questions about swim lessons, general aquatics questions, and overall concerns can be emailed to Kyle Kuser, the Aquatics Director for GMSD: [kyle.kuser@gmsd.org](mailto:kyle.kuser@gmsd.org)

Questions about registration, fees, suits, general questions about the Age Group and USA programs, and volunteering can be emailed to the Board: [gmaquatics@gmail.com](mailto:gmaquatics@gmail.com)

Have a great week!

Jen Mazur

Age Group Swimming and Diving Board President