Sunday Snapshot - Week of 11/26 GM Age Group Aquatics

Hello Age Group Families!

I hope all of you had a relaxing Thanksgiving and are ready to get back to work.

Practice Times: Swimming

Monday, November 27th: 8&U - 7:00-8:15 11&12 - 7:45-9:15

<u>Tuesday, November 28th:</u> 11&12 - 7:00-8:30 13&14 - 7:45-9:15

Wednesday, November 29th 8&U - 5:30-6:30 9&10 - 6:30-7:45 11&12 - 7:30-9:00 13&14 - 7:30-9:00

<u>Thursday, November 30th</u> 9&10 - 7:00-8:15 13&14 - 7:45-9:15

Friday, December 1st 8&U - 5:30-6:30 9&10 - 6:30-7:45 11&12 - 7:30-9:00 13&14 - 7:30-9:00

<u>DIVING</u>: All diving information will be communicated directly from Coach Adrienne. An email was sent today with practice information.

Cookies and Conversation - Wednesday, November 29th 6:00-9:00 pm

Please join some of our veteran parents in the pool lobby for some cookies and conversation about all things swimming and diving. (Please bring your own coffee, if desired. If I have coffee this late at night, I won't sleep until our first dual meet.) This is NOT a formal event. Think of it as an open house where you can ask any questions about the swim team and diving team - What is a meet like? What should we bring to meets for our athletes? For the adults? What is an Invitational? What are some of the rules? Why would anyone want to swim a 200 IM? We hope to see you!

Meet Mobile:

This is an app used by teams for meets. Meet lineups, including lane assignments, approximate racing times, and seed times are all included on this app for meets. Final times for each swimmer, or relay, are also then posted on the app. There is a nominal yearly fee to download the app. If you are new to swimming, or have any questions about why this might be beneficial

to take up space on your phone, please stop in during the Cookies and Conversation night and we can show you the benefits of this app.

Dual Meet Volunteers:

Our first dual meet is this Saturday, December 2nd. It is an away meet at Reading High School. Timers are needed. If we do not provide timers, the meet cannot be held. Please consider volunteering!

Sign Up Genius - Timers for Dual Meet 12/2 Timers for 12/2 at RHS

From Your Coaches...

Our first dual meet is this Saturday, December 2nd. It is an away meet at Reading High School. All swimmers must be on deck by 10:10 am. Warm ups will start at 10:30 and the meet will start at 11:00. Deck space for swimmers is limited. All swimmers are expected to sit on deck for the meet.

The meet declaration form is due no later than **<u>noon</u>** on Thursday, November 30th. If this form is not completed, your athlete **<u>WILL NOT</u>** be entered in the meet. Please reach out to the coaches with any questions or concerns.

Meet Declaration Form: December 2nd - GM @ RHS Meet Declaration Form - 12/2

Directions to RHS (swimming pool is on the very left side of the building):

Reading High School Geigle Complex 801 North 13th Street Reading, PA 19604 US-422 E for 1.6 miles. Continue onto PA-12 E/Warren Street Bypass for 2.8 miles. Take the exit toward N 11th St and go ½ mile turn left onto Rockland St Turn right onto N 13th St Go 1.2 miles Reading High School will be on the left

From Your Aquatics Director...

Parents are no longer allowed in the pool area to watch practices. However, we are trying something new this year. Beginning Monday, November 27th, parents WILL be allowed to wait in the lobby during all practice times. A table will be set up for your convenience. Parents are asked to remain in the lobby area, and restrooms off of the lobby will be available if needed. Parents are NOT allowed to use the locker rooms for any reason. The YMCA uses the cafeteria for their after school program daily until 6:00 pm. Please be respectful of this program and remain in the lobby area.

<u>This is being offered on a trial basis</u>. Please respect these parameters, as they are in place for the safety of our athletes, and also the students in the cafeteria prior to 6:00 pm.

Upcoming Age Group Swim Meets/Events:

December 2nd - Reading vs. Mifflin Dual Meet @ Reading High School December 9th - Schuylkill Valley Rock the Block Invitational - *open to ALL Age Group Swimmers* - More information to follow! December 16th - Mifflin vs. Muhlenberg Dual Meet @ Governor Mifflin

I Have a Question

11&Up swimmers: Courtney Kerschner - <u>swimcoachcourtney1@gmail.com</u> 10&Under swimmers: Abby Thiry - <u>Coachabbythiry@gmail.com</u> Diving: Adrienne Wolfe - <u>awolfe217@gmail.com</u> USA Coach: Jen Caron - <u>Swimcoachjen11@gmail.com</u>

Questions about swim lessons, general aquatics questions, and overall concerns can be emailed to Kyle Kuser, the Aquatics Director for GMSD: <u>kyle.kuser@gmsd.org</u>

Questions about registration, fees, suits, general questions about the Age Group and USA programs, and volunteering can be emailed to the Board: <u>gmaquatics@gmail.com</u>

Have a great week!

Jen Mazur Age Group Swimming and Diving Board President